



Gross Motor Skills	Fine Motor Skills	Speech
<p align="center">By 4 Months</p> <input type="checkbox"/> Bears weight on forearms when on belly <input type="checkbox"/> Plays with feet <input type="checkbox"/> Holds head in midline <input type="checkbox"/> Rolls from back to side <input type="checkbox"/> Brings hands together when laying on back	<p align="center">By 4 Months</p> <input type="checkbox"/> Grasps rattle when placed in hand <input type="checkbox"/> Reaches toward and touches toy <input type="checkbox"/> Hits at dangling objects with hands <input type="checkbox"/> Responds to a smile with a smile <input type="checkbox"/> Likes looking at a human face most	<p align="center">By 4 Months</p> <input type="checkbox"/> Sucks from breast or bottle <input type="checkbox"/> Cooing: vowel sounds <input type="checkbox"/> Vocalizes some sounds <input type="checkbox"/> Produces a variety of facial expressions
<p align="center">By 6 Months</p> <input type="checkbox"/> Sits alone for short periods <input type="checkbox"/> Begins to belly crawl <input type="checkbox"/> Rolls back to belly and belly to back <input type="checkbox"/> Grabs feet and brings them to mouth <input type="checkbox"/> On belly props up on straight elbows	<p align="center">By 6 Months</p> <input type="checkbox"/> Reaches for a toy when playing on belly <input type="checkbox"/> Holds a toy and shakes it <input type="checkbox"/> Puts fingers in mouth <input type="checkbox"/> Holds hands open at least 1/2 of the time <input type="checkbox"/> Smiles at self in mirror	<p align="center">By 6 Months</p> <input type="checkbox"/> Cup drinking is introduced <input type="checkbox"/> Soft, smooth solids <input type="checkbox"/> Moves chewed food to center of mouth before swallowing
<p align="center">By 9 Months</p> <input type="checkbox"/> Maintains sitting for at least 60 seconds with hands free to play <input type="checkbox"/> Crawls independently <input type="checkbox"/> Pulls to stands from floor <input type="checkbox"/> Walks with 2 hands held	<p align="center">By 9 Months</p> <input type="checkbox"/> Waves bye-bye <input type="checkbox"/> Releases objects intentionally <input type="checkbox"/> Feeds self finger foods <input type="checkbox"/> Bangs a toy on the floor <input type="checkbox"/> Passes a small object between hands	<p align="center">By 9 Months</p> <input type="checkbox"/> Babbles same sounds <input type="checkbox"/> Responds to "no" <input type="checkbox"/> Vocalizes different syllables <input type="checkbox"/> Tolerates smooth solid foods <input type="checkbox"/> Makes sounds while eating with food in mouth
<p align="center">By 12 Months</p> <input type="checkbox"/> Cruises along furniture <input type="checkbox"/> Independent standing <input type="checkbox"/> Gets into and out of sitting <input type="checkbox"/> Corrals a ball with arms and hands in sitting <input type="checkbox"/> Transitions sit to stand and stand to sit	<p align="center">By 12 Months</p> <input type="checkbox"/> Grasp thick crayon or pencil in fist, does not mark <input type="checkbox"/> Turns page of a cardboard book <input type="checkbox"/> Helps to pull off simple clothing <input type="checkbox"/> Puts objects into others <input type="checkbox"/> Pulls shoes off	<p align="center">By 12 Months</p> <input type="checkbox"/> Feeding self with fingers <input type="checkbox"/> Babbles using different sounds <input type="checkbox"/> Takes turns vocalizing <input type="checkbox"/> Points/gestures <input type="checkbox"/> Tolerates coarsely chopped food



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<p>By 18 Months (1 1/2 years)</p> <p><input type="checkbox"/> Walks independently with arms at side</p> <p><input type="checkbox"/> Walks up and down 3-4 steps with railing</p> <p><input type="checkbox"/> Walks backwards 5 steps</p> <p><input type="checkbox"/> Throws a ball while maintaining balance</p> <p><input type="checkbox"/> Rides a push bike</p>	<p>By 18 Months (1 1/2 years)</p> <p><input type="checkbox"/> Turns a container to pour or dump contents</p> <p><input type="checkbox"/> Turns a small knob</p> <p><input type="checkbox"/> Gets spoon in mouth right-side up</p> <p><input type="checkbox"/> Helps to dress and undress self</p> <p><input type="checkbox"/> Puts large round pegs into pegboard</p>	<p>By 18 Months (1 1/2 years)</p> <p><input type="checkbox"/> Uses 10-20 words</p> <p><input type="checkbox"/> Combines 2 words (all done)</p> <p><input type="checkbox"/> Names at least 5 items</p> <p><input type="checkbox"/> Responds to "yes/no"</p> <p><input type="checkbox"/> Retrieves objects from another room when asked</p>
<p>By 24 Months (2 years)</p> <p><input type="checkbox"/> Stoops down to retrieve toy and returns to standing</p> <p><input type="checkbox"/> Jumps down off low surface</p> <p><input type="checkbox"/> Jumps forward about 4 inches</p> <p><input type="checkbox"/> Goes up stairs without rail (both feet on each step)</p> <p><input type="checkbox"/> Throws ball 3 feet in air</p> <p><input type="checkbox"/> Kicks ball 3 feet forward</p>	<p>By 24 Months (2 years)</p> <p><input type="checkbox"/> Drinks from cup independently</p> <p><input type="checkbox"/> Looks independently at picture books</p> <p><input type="checkbox"/> Zips and unzips easy zippers</p> <p><input type="checkbox"/> Uses play dough, paint and paper</p> <p><input type="checkbox"/> Scribbles without going off paper</p> <p><input type="checkbox"/> Builds a 4-6 block tower</p>	<p>By 24 Months (2 years)</p> <p><input type="checkbox"/> Frequently uses 2 word phrase</p> <p><input type="checkbox"/> Demonstrates verbal turn taking</p> <p><input type="checkbox"/> Has at least 100 words</p> <p><input type="checkbox"/> Eats table foods with mixed textures</p>
<p>By 30 Months (2 1/2 years)</p> <p><input type="checkbox"/> Stands on one foot for 3 seconds (hands on hips)</p> <p><input type="checkbox"/> Jumps forward 24 inches</p> <p><input type="checkbox"/> Jumps down 24 inches</p> <p><input type="checkbox"/> Catches a large ball</p> <p><input type="checkbox"/> Throws ball underhand</p>	<p>By 30 Months (2 1/2 years)</p> <p><input type="checkbox"/> Washes hands by self</p> <p><input type="checkbox"/> Hand preference is established</p> <p><input type="checkbox"/> Imitates drawing a vertical line</p> <p><input type="checkbox"/> Puts square, round and triangular shapes into board</p> <p><input type="checkbox"/> Spontaneously draws strokes, dots and circles</p> <p><input type="checkbox"/> Stacks 7-8 small blocks</p>	<p>By 30 Months (2 1/2 years)</p> <p><input type="checkbox"/> Gives first name</p> <p><input type="checkbox"/> Answers "where" questions</p> <p><input type="checkbox"/> Uses 3-4 word utterances</p> <p><input type="checkbox"/> Identifies object by function</p> <p><input type="checkbox"/> Responds to greetings</p> <p><input type="checkbox"/> Has approximately 450 words</p>



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<p>By 36 Months (3 years)</p> <p><input type="checkbox"/> Walks up stairs without rail (one foot on each step)</p> <p><input type="checkbox"/> Rides a tricycle</p> <p><input type="checkbox"/> Hops 3 times on one foot</p> <p><input type="checkbox"/> Kicks a large ball in place</p>	<p>By 36 Months (3 years)</p> <p><input type="checkbox"/> Grasps pencil with thumb and fingers instead of fist</p> <p><input type="checkbox"/> Screws and unscrews jar lids</p> <p><input type="checkbox"/> Eats with a fork (with spillage)</p> <p><input type="checkbox"/> Pours accurately from one container to another</p> <p><input type="checkbox"/> Completes a simple 3 piece puzzle</p>	<p>By 36 Months (3 years)</p> <p><input type="checkbox"/> Has about 1000 words</p> <p><input type="checkbox"/> Converses in sentences</p> <p><input type="checkbox"/> Ask questions</p> <p><input type="checkbox"/> Responds to "wh-" questions</p> <p><input type="checkbox"/> Is 75% intelligible</p>
<p>By 48 Months (4 years)</p> <p><input type="checkbox"/> Stands on one foot for 5 seconds (hands on hips)</p> <p><input type="checkbox"/> Hops 5-8 times on each foot</p> <p><input type="checkbox"/> Rides a 2-wheeled bike with training wheels</p> <p><input type="checkbox"/> Walks backwards on a line over 4 feet</p> <p><input type="checkbox"/> Jumps forward 30 inches</p>	<p>By 48 Months (4 years)</p> <p><input type="checkbox"/> Puts socks on correctly</p> <p><input type="checkbox"/> Colors almost entirely within lines of circle</p> <p><input type="checkbox"/> Draws a person with 3 different body parts</p> <p><input type="checkbox"/> Dresses and undresses without much help</p> <p><input type="checkbox"/> Copies a cross</p>	<p>By 48 Months (4 years)</p> <p><input type="checkbox"/> Uses 4-5 word sentences</p> <p><input type="checkbox"/> Understands time concepts</p> <p><input type="checkbox"/> Uses contractions (don't)</p> <p><input type="checkbox"/> Follows multi-step directions</p> <p><input type="checkbox"/> Asks many questions including "who" and "why"</p>
<p>By 60 Months (5 years)</p> <p><input type="checkbox"/> Completes sit ups</p> <p><input type="checkbox"/> Able to skip</p> <p><input type="checkbox"/> Completes jumping jacks</p> <p><input type="checkbox"/> Rides a 2-wheeler without training wheels</p> <p><input type="checkbox"/> Completes push-ups</p>	<p>By 60 Months (5 years)</p> <p><input type="checkbox"/> Copies and cuts a square</p> <p><input type="checkbox"/> Copies color/shape sequence</p> <p><input type="checkbox"/> Zips most zippers</p> <p><input type="checkbox"/> Traces around own hand with crayon</p> <p><input type="checkbox"/> Completes simple dot to dot pictures</p>	<p>By 60 Months (5 years)</p> <p><input type="checkbox"/> Uses a variety of sentences</p> <p><input type="checkbox"/> Vocabulary of 2000 words</p> <p><input type="checkbox"/> Can tell a story with plot</p> <p><input type="checkbox"/> Is 90-100% intelligible</p> <p><input type="checkbox"/> Asks questions to get more information</p>